



#### WEEKLY NEWSLETTER July 30, 2024

Thursday, Aug. 1



#### Gwen Tyler: Crime Victims Bill of Rights

Gwen Tyler, victims and witness advocate for the Thomasville District Attorney's office, will provide an update on the Georgia Crime Victims Bill of Rights.

Rights.

Gwen has been an advocate in the community for the past 18 years, nationally certified for 10 years. She actively supports the Thomasville/Thomas County Homeless Coalition, Treehouse Advocacy Center and Halcyon Home for Battered Women. She is also a member of the Child Abuse Council, the Sexual Assault Response Team, and the Multidisciplinary Team. She actively educates the community about services provided by the Victim-Witness Assistance Program throughout the year, including the National Crime Victims' Rights Week ceremony in April and the Domestic Violence Awareness program, in conjunction with Halcyon Home, in October.

Thursday, Aug. 1.

Wine or Whine

July is Maternal and Child Health Month

Join us for Wine or Whine on Thursday, Aug. 1 at 5:30 p.m. at All Saints Parish Hall (the white building behind the church, located at 433 S. Hansell St., across the street from the farmers market on Smith Avenue).

Irene Gleason and Will Brown are hosting this month's gathering with wine and beer, and Irene's husband, chef John Gleason, will make some tasty Asian appetizers. His landscape paintings (below) also will be on display. Bring a friend, your spouse, or someone who may be interested in Rotary. It is sure to be a fun evening!

If you have questions or plan to bring a potential new member,



Thursdays, 12:15 pm The Plaza Restaurant 217 South Broad Street Thomasville, GA 31792

#### Andrea Collins: Workforce Development Plan Update



Andrea Collins, executive director of the Thomasville-Thomas County Chamber of Commerce, will discuss the Workforce Development Plan, a comprehensive strategy to enhance the region's labor force and economic vitality. This plan leverages local resources, educational institutions, and workforce development plangmans to attract and retain talent, foster skill development, and promote job growth.

Thursday, Aug. 15

Pack & Sort

The club meeting will begin at 11:30 a.m. at Second Harvest Food Bank. Members will pack and sort vegetables and fruit for our Weston Park Produce Market on Saturday, Aug. 17. After we pack produce, lunch will be served.

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ease arrive by 7:30 a.m. to begin setting up and registering participants.



**Prioritize Rest** 

What can I do to take care of my mental health?

Taking care of yourself means building time into your day to do a quick activity that improves your mental health - which in turn improves your physical health.

We'll provide these quick tips to help you ultimately lower your risk of disease, lower your stress, and hopefully improve your outlook on life. Today's tip: Prioritize rest as part of your self-care.

Rest, including both sleep and relaxation, is an essential aspect of maintaining good mental health and overall functioning. It's not just about feeling less tired; it plays a fundamental role in how our brains and bodies function on a daily basis.



### **Meetings**

July is Maternal and Child Health Month

8/1 Gwen Tyler, Victim/Witness Advocate: Crime Victims' Bill of Rights

8/8 Andrea Collins, CoC Executive Director, on Workforce Plan

8/15 Meeting at Second Harvest -- 11:30 a.m. 'til 1 p.m.

8/22 Julie Montanaro from WCTV brought by Lauren Radford

### **Events**

8/1 Wine or Whine

8/14 Coffee & Conversations

8/17 Produce Market at Weston Park

8/24 Rotary/United Way Golf Tournament

### ROTARY CLUB OF THOMASVILLE

Thursdays, 12:15 pm The Plaza Restaurant 217 South Broad Street Thomasville, GA 31792

#### **LEADERSHIP**

President Marta Jones-

Turner

President-Elect Nathaniel

Tyler

Immediate PP Mary Beth

Donalson

Vice President Nathaniel

Tyler

Treasurer Warren

Ballard

Secretary Anna Lee

Public Image David Sofferin

# Thursday, Aug. 1 Gwen Tyler: Crime Victims Bill of Rights



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If you have questions or plan to bring a potential new member, please contact **Angela Williamson**.

#### **Directors**

Membership Angela Williamson
Foundation Carol Jones
Service Barbara Williams

Service Barbara Williams-Projects Anderson

Club Director SCOTT Rich

Youth Service Chandler Giddes

Admin Devona Thompson

### **Rotary Online**

https://thomasvillerotary.org https://rotary6900.org/ https://rotary.org/

# YEARS OF SERVICE

7/1 Donald Sims (35)

7/1 Jonathan Cleveland (3) 8 years in Rotary

7/1 Rick Piper (0) 7 years in Rotary

7/1 Sharon Patrick (20)

7/1 Mary Beth Donalson (10)

7/1 Jeff Zoller (15)

7/1 Scooter Grubbs, III (37)

7/2 William Dickey (9)

7/4 Erik von Hellens (12)

7/4 Nicholas Rahming (5)

7/6 Kim Walden (7) 13 years in Rotary

7/8 Chandler Giddes (3)

7/12 Eric Ward (12)

7/14 Frederick Buechner (8) 33 years in Rotary

7/15 Dominic Ford (3)

7/18 André Marria (19)

7/25 Esther-Marie Lawrence (0)

7/27 Luten Nunnally (1)

7/27 Devona Thompson (1)

7/27 Stephan Thompson (1)

7/27 John Vann (1)



# Thursday, Aug. 8 Andrea Collins: Workforce Development Plan Update



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# Saturday, Aug. 17 Produce Market at Weston Park

The Produce Market at Weston Park begins at 8:30 a.m.

To volunteer, please arrive by 7:30~a.m. to begin setting up and registering participants.



# Mental Health Focus **Prioritize Rest**

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