



WEEKLY NEWSLETTER

September 10, 2025

Thursday, Sept. 11

Drs. Bill Ellis and Raul G. Santos: Living Longer, Healthier Lives in **Our Community**

September is Basic Education and Literacy Month

This week, Drs. Bill Ellis (left) and Raul G. Santos will report on their working group's efforts to help our community live longer, healthier lives.



Dr. Ellis grew up in Camilla and Athens, Ga., before attending medical school at the Medical College of Georgia and completing a residency at the Royal Victoria Hospital at McGill University in Montreal, Canada. After serving in the Navy, he completed a fellowship in cardiovascular disease at Vanderbilt University in Nashville before moving his family to Thomasville in 1983 to help Archbold expand its cardiovascular services. Dr. Ellis and his

partners established a cardiac and vascular program that is widely respected in the region.

Since he retired in 2022, Dr. Ellis spends time with family (his wife, three daughters and their husbands, and five grandchildren). He also is active on their farm in Barwick, where he continues to have horses – a favorite throughout his life – and he rides and competes in regional cutting competitions.

Dr. Santos is a nephrologist in Thomasville who is affiliated with multiple hospitals in the area, including John D.

Archbold Memorial Hospital and Brooks County Hospital. He received his medical degree from Universidad Central del Este Facultad de Medicina and has been in practice for more than 20 years.

The two are part of the **Wellness and Longevity** working group. They began working to initiate a county-wide health and wellness program in 2023 to address a lack of an ongoing preventative healthcare movement, evidenced by the fact that Thomas County's longevity statistics show the average lifespan is 2.5 years shorter than the state or national average.

Thursdays, 12:15 pm Vashti Center 1815 East Clay Street Thomasville, GA 31792



Thursday, Sept. 11 Kin Wine Market & Lounge, 204 S Broad St. 5:30 to 7 p.m.

Rotarians will receive one drink ticket each for the event.

Rotary Global Grant

Kenya Project Representative Needed

For the past two years, our club has been the international sponsor for a Rotary global grant to provide sanitation and hand-washing facilities to the Olmapinu Comprehensive School in Kenya that serves the nearby children of the Maasai tribe. Our host sponsor partner, the Rotary Club of Kitengela, visited the site on Aug. 29 and learned that the project will be completed by Sept. 19. The facility will be handed over to the school on Nov. 15. The Rotary Club of Kitengela would like to have a representative of our club there to participate in the handover ceremony. The board will **reimburse one club member for the cost of an economy air ticket to Nairobi, Kenya,** as an incentive to represent our club. There would be limited additional in-country expenses. If you would like to be considered to be our club representative or if you would like more information, please contact Joe Brown before close of business on Wednesday, Sept. 17. The board will make the final selection from those who apply. Others who would like to attend but who were not selected as our representative are most



Mark Your Calendar

Plan your calendar for September with this calendar at a glance:



- Our annual coats and blankets drive begins and continues throughout the month. Please consider bringing blankets, new or gently used coats or a cash donation to support the Thomas County Food Bank.
 Thursday, Sept. 11: Drs. Bill Ellis and Raul G. Santos, Living Longer, Healthier Liven four Community
 Wednesday, Sept. 17: Coffee Chat at Grassroots Coffee. Stop in anytime between 7:30 a.m. and 8:15 a.m. for
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 Thursday, Sept. 18: Pack & Sort at Second Harvest beginning at 11:30 a.m.

 Saturday, Sept. 20: Produce distribution at Weston Park. We need additional volunteers at this month we will also be distributing grow bags planted with carrots, recipe cards, and additional fall seasonal seeds.

 Thursday, Sept. 25: Darcy Craven, Archbold

 The calendar is subject to changes. Find the most updated Rotary calendar anytime:

 Add any individual calendar item from the Rotary calendar to your personal calendar.

- - Subscribe to the Rotary calendar for automatic updates.

Meetings

September is Basic Education and Literacy Month

Dr Bill Ellis - Health and 9/11 **Fitness**

9/18 Second Harvest: Pack & Sort Produce

9/25 Darcy Craven - Archbold

10/2 Yoga Health and Fitness

10/9 World Polio Day

10/16 Second Harvest: Pack & Sort Produce

10/23 GRSP Students Speak/Kickoff for GRSP

10/30 District Governor Steve Ivory Visit

Events

9/11 Wine or Whine

9/17 Coffee Chat

9/20 Fresh Produce Market at Weston Park

Coats & Blankets Drive Ends

ROTARY CLUB OF THOMASVILLE

Thursdays, 12:15 pm Vashti Center 1815 East Clay Street Thomasville, GA 31792

LEADERSHIP

Nathaniel President Tyler

Marta Jones-Immediate PP Turner

Vice President Joe Tarver

> Warren Treasurer

Ballard

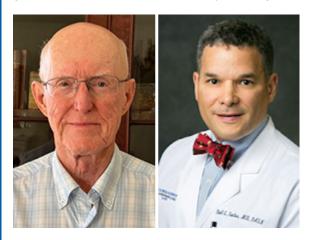
Anne Secretary Candelaria

Flores

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Thursday, Sept. 11 Wine or Whine at Kin Wine Past President André Marria

Directors

Fundraising Mary Beth Donalson

Public Image David Sofferin
Foundation Carol Jones

Membership Arthur Wigfall
Melanie

Service Projects Cromartie

Youth Service Chandler Giddes

Admin Sally Bowman Club Advisor Joe Brown

Club Advisor Eugene McNease

Rotary Online

https://thomasvillerotary.org https://rotary6900.org/ https://rotary.org/

YEARS OF SERVICE

9/1 Gary Tucker (43)
9/1 Debbie Goodman (31)
9/4 Randy Watts (11)
9/4 james bue (0)
9/4 paul overstreet (0)

9/4 ashley palmer (0)9/4 ricky zambrano (0)

9/14 Lindsay Clay (2)

9/14 Lindsay Clay (2) 4 years in Rotary

9/15 Tom Everett (19)

9/23 Andrew Jones (15)

9/25 Wayne Newsome (11) 30 years in Rotary

9/28 Wade Glover (2)

9/28 Jessica Sanders (2)

9/28 Terry Scott (2)

9/28 Kristy Wainright (2)



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