Rotary Club of Thomasville

Newsletter

JULY 30, 2024

Thursday, Aug. 1

Gwen Tyler: Crime Victims Bill of Rights



Gwen Tyler, victims and witness advocate for the Thomasville District Attorney's office, will provide an update on the **Georgia Crime Victims Bill of Rights**.

Gwen has been an advocate in the community for the past 18 years, nationally certified for 10 years. She actively supports the Thomasville/Thomas County Homeless Coalition, Treehouse Advocacy Center and Halcyon Home for Battered Women. She is also a member of the Child Abuse Council, the Sexual Assault Response Team, and the Multidisciplinary Team. She actively educates the community about services provided by the Victim-Witness Assistance Program throughout the year, including the National Crime Victims' Rights Week ceremony in April and the Domestic Violence Awareness program, in conjunction with Halcyon Home, in October.

Thursday, Aug. 1

Wine or Whine

5:30 p.m.

Join us for Wine or Whine on **Thursday, Aug. 1 at 5:30 p.m. at All Saints Parish Hall** (the white building behind the church, located at 433 S. Hansell St., across the street from the farmers market on Smith Avenue).

Irene Gleason and Will Brown are hosting this month's gathering with wine and beer, and Irene's husband, chef John Gleason, will make some tasty Asian appetizers. His landscape paintings (below) also will be on display. Bring a friend, your spouse, or someone who may be interested in Rotary. It is sure to be a fun evening!

MEETINGS

July is Maternal and Child Health Month

8/1	Gwen Tyler, Victim/Witness Advocate: Crime Victims' Bill of Rights
8/8	Andrea Collins, CoC Executive Director, on Workforce Plan
8/15	Meeting at Second Harvest -- 11:30 a.m. 'til 1 p.m.
8/22	Julie Montanaro from WCTV brought by Lauren Radford
8/29	Celebration of New Members & Club History/Traditions
9/5	Regular Meeting --Kelli Arno of Travel Thomasvile
9/12	Laura Albritton & Zickie Allgrove of Magic Kumquat Productions
9/19	Meeting at Second Harvest – 11:30 a.m. to 1 p.m.

EVENTS

8/1	Wine or Whine
8/14	Coffee & Conversations
8/17	Produce Market at Weston Park
8/24	Rotary/United Way Golf Tournament
9/5	Wine or Whine
9/18	Coffee & Conversations
9/21	Produce Market at Weston Park
9/26	Blood Drive

LEADERSHIP

President	Marta Jones-Turner
President-Elect	Nathaniel Tyler
Immediate PP	Mary Beth Donalson
Vice President	Nathaniel Tyler
Treasurer	Warren Ballard
Secretary	Anna Lee
Public Image	David Sofferin

If you have questions or plan to bring a potential new member, please contact **Angela Williamson**.



Mental Health Focus

Prioritize Rest

What can I do to take care of my mental health?

Taking care of yourself means building time into your day to do a quick activity that improves your mental health – which in turn improves your physical health.

We'll provide these quick tips to help you ultimately lower your risk of disease, lower your stress, and hopefully improve your outlook on life. Today's tip: **Prioritize rest as part of your self-care.**

Rest, including both sleep and relaxation, is an essential aspect of maintaining good mental health and overall functioning. It’s not just about feeling less tired; it plays a fundamental role in how our brains and bodies function on a daily basis.

Past President	Wayne Newsome

Directors

Foundation	Carol Jones
Membership	Angela Williamson
Service Projects	Barbara Williams-Anderson
Youth Service	Chandler Giddes
Club Director	Scott Rich
Admin	Devona Thompson

ROTARY CLUB OF THOMASVILLE

Thursdays, 12:15 pm
The Plaza Restuarant
217 Broad St
Thomasville, GA 31792

ROTARY ONLINE

https://thomasvillerotary.org
https://rotary6900.org/
https://rotary.org/

YEARS OF SERVICE

8/1	Fran Milberg (28) 30 years in Rotary
8/1	Wilson Carraway, Jr. (41) 45 years in Rotary
8/2	Carlton Bryant (6)
8/2	Adrian Smith Burns (6)
8/2	Walter Marria, Jr. (6)
8/8	Scott Sterling (16)
8/24	David Hufstetler (7)
8/24	Michael Beaty (1)
8/24	Marianne Horchler (1)


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SUICIDE
& CRISIS
LIFELINE
GEORGIA