



Rotary Fact

What are the Five Avenues of Service?

1. Club Service
2. Vocational Service
3. Community Service
4. International Service
5. New Generations Service

This Week

A Path to Longevity: The Healthy Heart

Tomorrow's Rotary program will feature **Drs. Bill Ellis** and **Clay Sizemore**, members of the Wellness and Longevity Group, who will present **A Path to Longevity: The Healthy Heart**. This presentation is just in time for International Heart Day on Saturday, Sept. 26.



Mark Your Calendars

MEETINGS

September is Basic Education and Literacy Month

- 9/24 A Path to Longevity: The Healthy Heart
- 10/1 Student Focus: THS Soccer Teams, Opioid OD Prevention Kits, Students of the Quarter
- 10/8 Tentative: World Polio Day
- 10/15 Sort & Pack at Second Harvest
- 10/22 Echoes of the Gavel
- 10/29 GRSP Introductions
- 11/5 Hannah Palmquist: Human Trafficking in Georgia and across the Southeast
- 11/12 Thanksgiving Meeting at Vashti

EVENTS

- 9/25 Rotary Has Heart for Seniors Luau
- 10/1 Blood Drive
- 10/12 Board Meeting @ Chamber of Commerce
- 10/24 Hands on Thomas County Day - Register to Volunteer
- 12/3 Annual Holiday Party and Silent Auction Finale
- 12/3 Blood Drive

LEADERSHIP

President	Joe Tarver
President-Elect	Chandler Giddes
Immediate PP	Nathaniel Tyler
Treasurer	Teri White
Secretary	Angela Williamson
Executive Secretary/Director	Mary Beth Donalson
Past President	Wayne Newsome

Discover Rotary

Join us for **Discover Rotary** — an informal evening to connect with fellow Rotarians, and introduce others to our work and how to get involved. The event is open to anyone curious about Rotary membership and community service.

When: Thursday, Oct. 15, 5:30 p.m. to 7 p.m.

Where: The Plaza Restaurant

This is a joint event with the district and other local clubs. Please invite friends and colleagues who may be interested in joining Rotary.

Brief agenda and program

- 5:30 pm - Check-in
- 5:45 pm - Appetizers, Cocktails, Networking
- 6:15 pm - Program, Presentation, Discussion
- 6:45 pm - Q&A/Next Steps
- 7:00 pm - Adjourn

Registration page coming soon.

Gridiron Challenge

Another fun week on the Gridiron!!

We had 21 participate and the Touchdown Divas came in strong with new players.

The individual winners will be announced on Thursday.

Complete the attached form and send to Janet by 6:00p on Thursday or give to her at Rotary.

Janet@tnbank.com

Friday, Sept. 25

Scott Senior Center Luau

On Friday, Sept. 25, Rotary will host its annual Scott Senior Center luau. Help celebrate community seniors at the event, which also will honor September birthdays at the center.

Set up begins at 10 a.m. The luau celebration begins at 11 a.m. Connect with **Angela Williamson** to sign up. Please join us!

Directors

Public Image	David Sofferin
Foundation	Tony Lloyd
Membership	Arthur Wigfall
Service Projects	Melanie Cromartie
Youth Service	Stephan Thompson
Admin	Sally Bowman

ROTARY CLUB OF THOMASVILLE

Thursdays, 12:15 pm
The Plaza Restuarant
217 Broad St
Thomasville, GA 31792

ROTARY ONLINE

<https://thomasvillerotary.org>
<https://rotary6900.org/>
<https://rotary.org/>

YEARS OF SERVICE

9/25	Wayne Newsome (12) 31 years in Rotary
9/28	Wade Glover (3)
9/28	Jessica Sanders (3)
9/28	Terry Scott (3)
9/28	Kristy Wainright (3)
10/3	Julie Carter (7)
10/4	Kurt Stringfellow (8) 12 years in Rotary
10/13	Teri White (15)
10/13	Darcy Craven (5) 10 years in Rotary
10/16	Francis Lilly (12) 15 years in Rotary



Saturday, Oct. 24

Volunteers Needed for Hands on Thomas County Day

Join the Thomasville Rotary volunteer team to serve alongside hundreds of community members

What: Rotary is recruiting volunteers for Hands on Thomas County Day, a community-wide day of service.



When: Saturday, Oct. 24, from 9 a.m. to noon.

Where: Volunteer projects take place at sites around Thomas County; lunch and a post-service celebration will follow at Cherokee Lake. The lunch will include games, a photo booth, music and other fun activities.

Join more than 1,200 other community volunteers working at at least 50 volunteer sites around the community. The Thomasville Rotary team welcomes volunteers of all ages and skill levels to help make a positive impact.

How to register: Sign up online to join the Thomasville Rotary volunteer team:
<https://www.thomasvillerotary.org/event/9942>.

Calendar

Calendar is subject to changes. View the full **Rotary calendar** anytime and:

- Add individual **calendar items** to your personal calendar.
- **Subscribe to the Rotary calendar** for automatic updates.

Attend a club meeting via Zoom. Meeting ID: 867 7770 1621
